

A typical Boarding School Day in North America!

07:00 – 07.30 a.m.	Wake-up
07:30 – 08:15 a.m.	Breakfast
08:30 – 09:40 a.m.	Class / Period 1
09:40 – 11:00 a.m.	Class / Period 2
11:00 – 11:30 a.m.	Teacher Advisory Group, Assembly (Chapel - once a week)
11:30 – 12:35 p.m.	Class / Period 3
12:35 – 01:30 p.m.	Lunch
01:30 – 02:30 p.m.	Class / Period 4
02:35 – 03:40 p.m.	Class / Period 5
03:40 – 05:30 p.m.	After-School Sports or Activities
06:00 – 07:00 p.m.	Dinner
07:00 – 09:00 p.m.	Evening Study
09:00 – 10:00 p.m.	Free Time or additional Study Time
10:00 p.m.	Residence Check-In
10:30 p.m.	Lights Out (Grades 9/10)
10:45 p.m.	Lights Out (Grade 11)
10:45 p.m.	Room Check-In (Grade 12)